

Welcome to Susaki City

Susaki City looks out onto the Pacific Ocean and enjoys the benefits of the sea.

Amongst these is Uranouchi Bay, where Susaki Open Water Swimming will be held. This bay has scenic views and is also a popular place for ocean sports such as canoeing and sea kayaking.

Furthermore, due to Uranouchi being a landlocked bay, it is little affected by wind and waves, making it the ideal venue in which to properly practice open water swimming such as the 2020 Tokyo Olympics marathon swimming and triathlon events.

To all swimmers out there, we hope that you will come and participate in this open water swimming that is somewhat different to that of overseas- Susaki's own open water swimming!

Susaki Open Water Swimming 2017 Event Outline

1. Organizers Susaki Open Water Swimming Executive Committee, Kochi Prefecture Swimming Federation, Susaki City, Susaki City Board of Education
2. Management Kochi Prefecture Swimming Federation OWS Committee
3. Special Support Nihon Shokken Co., Ltd., Nihon Trim Co., Ltd.
4. Support All Nippon Airways Co., Ltd., Kochi Marutaka Co. Ltd., Yamasaki Giken Co., Ltd., Kochi Nissan Prince Motor Sales Co., Ltd., Asahi Soft Drinks Co., Ltd.
5. Sponsors Japan Swimming Federation, Kochi Prefecture, NHK Japan Broadcasting Cooperation, TV Kochi Broadcasting Co., Ltd., The Kochi Shimbun, RKC. Radio Kochi Company, Kochi Housou Co., Ltd. Kochi Sun Sun Broadcasting, Inc., Yosakoi Cable Net

6. Day of event (Sun) 29 October, 2017
7. Competition Venue Oshima Kaigan, Uranouchi Bay, Susaki City, Kochi Prefecture
8. Competition Method The competition will follow the Japan Swimming Federation Open Water Swimming contest rules in principle. However, some local rules will apply.
9. Competition events Individual Events 5km men/5km women
3km men/3km women
1km men/1km women
200m Group Swim
10. Schedule (Sat) 28 Oct 14:00-15:00 Formal practice (Oshima Kaigan)
(Sun) 29 Oct 7:30 Registration (Sakauchi Canoe Venue)
(1km till 8:30, 3/5km till 10:00)
9:00 Opening Ceremony (Oshima Kaigan)
10:00 1km starts (Oshima Kaigan)
11:00 5km starts (Oshima Kaigan)
11:02 3km starts (Oshima Kaigan)
12:30 200m Group Swim starts
(Oshima Kaigan)
14:00 Award Ceremony
(Sakauchi Canoe Venue)

11. Application Regulations

- (1) Quota 5km 100 participants
3km 100 participants
1km 100 participants
- (2) Requirements
- 1 Have been practicing long distance swimming on a routine basis.
- a) 5km- can generally complete this distance within 2.5 hours.

- b) 3km- can generally complete this distance within 1.5 hours.
- c) 1km- can generally complete this distance within 1 hour.
- 2 Participants must be 14 years or over on the day of the event. However participants in the 1km event must be elementary school 4th year or above.
- 3 Participation fee
 - 5km: ¥7,000 (High School Students or under ¥3000)
 - 3km: ¥5,000 (High School Students or under ¥2000)
 - 1km: ¥3,000 (High School Students or under ¥1000)
 - 1km+5km: ¥8,000 (High School Students or under ¥3000)
 - 1km+3km: ¥6,000 (High School Students or under ¥2000)
- 4 Application period 1 June 2017 till 29 September 2017

12.Access

Located in Oshima Kaigan, Uranouchi, Susaki City

①From Haneda Airport to Kochi Airport :

1 hr 20 mins by plane

②From Kochi Airport to Susaki City, Uranouchi Susaki OWS
competition venue : 55 mins by car.

(Applications and Enquiries)

Life-long Learning Division, Susaki City Board of Education

Yamate Machi 1-7, Susaki City, Kochi Prefecture, 785-8601

TEL: 0889-42-8591

FAX: 0889-40-0073

E-mail: sports@city.susaki.lg.jp